

# Tips for UCD Students - Physical Disability

Managing third level effectively with any disability involves using support services and tools available. It is also very important that each student **takes responsibility for their own academic career at UCD.**

The aim of UCD Access & Lifelong Learning (ALL) is to empower all students receiving Disability Support to **become independent learners** so they can develop the skills expected of successful graduates entering the workplace. The following guidelines are designed to support students in achieving that goal.

## Communication

- UCD encourages any student with a physical disability to **communicate with UCD ALL** so you can receive the necessary support to manage your student role.
- You will be required to provide appropriate [Evidence of Disability](#) and attend a **Needs Assessment**, where the appropriate classroom and exam accommodations will be discussed.
- After completing the Needs Assessment, you will be provided with a **Certificate of Disability Support** which outlines the supports you are availing of in UCD. You are encouraged to send this **certificate to your module coordinators/lecturers** to inform them about necessary in-class support and to request exam support for end-of-trimester exams, in-class tests or locally arranged exams.
- You have the option to put '**Mobility Difficulty Awareness**' on your certificate as a way of disclosing to module coordinators/lecturers if you would find this helpful.

## Exam Support

- The **available to students for end-of-trimester exams** will be discussed during the Needs Assessment. For in-class tests and local exams, you must request your exam support from **module coordinators/lecturers** directly.
- These supports are based on **national guidelines**. Hence, certain support may not be appropriate for everyone with a physical disability. Examples of exam support include:

10 minutes extra  
time per hour

Alternate exam  
location

## Assistive Technology

- Assistive Technology is software and/or devices that can help students manage their day-to-day tasks in UCD. Assistive Technology is usually discussed at the Needs Assessment.

### Example of Assistive Technology

Technology	Description
<b>Recording Tools</b>	Specialised computer software which allows you to take notes and record audio in the same place. You can use colour code material and upload PowerPoint slides.
<b>Voice Recognition / Dictation Software</b>	Software is used to dictate essays or assignments. As you speak, text appears on the screen. This can also be used with a handheld Dictaphone. Dictation features can be found in both <a href="#">Google Docs</a> and <a href="#">Microsoft Word</a> .
<b>Download Notes in an Alternative Format</b>	You may wish to study your notes using an alternative format (e.g. PDF, audio file, HTML etc). You can download files from Brightspace in an alternative format using <a href="#">Brightspace Ally</a> . You can also convert files into an alternative format using <a href="#">SensusAccess</a> .

## 'ALL Student Supports' Brightspace Module

- UCD ALL hosts a range of resources on the Brightspace module called '**ALL Student Supports**'. This module is available to all UCD Students. Resources include **interactive academic skills & wellbeing workshops** as well as **resources for managing online learning**.
- UCD ALL hosts in person **Academic Skills & Wellbeing workshops** to help students learn the necessary skills to succeed in UCD.
- Examples of workshop topics include notetaking, stress management, avoiding procrastination, time management, digital skills, group work, mind mapping, writing & researching and self-care.

## Use of a Personal Assistant

- Some students with a physical disability may require the use of a Personal Assistant (PA).
- PAs assist students with **academic life** only (e.g. taking notes in class or travelling between classes with students). PAs will not contribute to the class unless they are **assisting the student to make their contribution**.

## Campus Accessibility

- UCD ALL liaises with **Buildings and Services** to ensure that lectures are scheduled in an accessible venue, when there is a wheelchair user registered to take the module.
- If you have any issues with accessibility on campus, please contact [disability@ucd.ie](mailto:disability@ucd.ie) as soon as possible so we may assist you.

## Campus Accommodation for students with Physical or Sensory Disabilities

- UCD Residences make a limited number of **accessible rooms** available for students who have a physical and/or sensory disability who require the adapted features of the room or who would find it difficult to commute to college.
- Students requiring an accessible room should apply for a room through [UCD Residences](#).

## Support Services available to all UCD Students

Service	Purpose
<a href="#">Writing Centre</a>	Free 1:1 support and workshops for academic writing.
<a href="#">Maths Support Centre</a>	Free 1:1 and small group support in Level 0, 1, and 2 Maths modules in any programme.
<a href="#">Student Counselling Service</a>	Free and confidential service staffed by professionally qualified psychologists and counsellors to help students deal with personal issues affecting happiness, well-being, relationships, capacity to cope or learning.
<a href="#">Programme Office</a>	Support for queries relating to your programme.
<a href="#">Student Adviser</a>	Support for academic, social, personal or financial issues you may have during your course.

## Useful Online Resources

- [UCD Disability Support](#)
- [Managing College and Life](#)
- [AHEAD](#)

Please contact [disability@ucd.ie](mailto:disability@ucd.ie) at any time if you have questions!